

# @ The Abbotsford Youth Commission

## SPRING 2019

April - June

## PACITIES YOUTH DROP-IN

Youth ages 12 - 18 are invited to join us at our fully staffed Youth Centres.

Drop-in and say 'hi'!

### Youth Centre at ARC

2499 McMillan Road

Mon - Thur 2:30 - 5pm Friday 2:30 - 10pm

Saturday 7:00 - 10pm

## Youth Centre at MRC

3106 Clearbrook Road

Mon - Thur 2:30 - 5pm Friday 2:30 - 10pm

Healthy snacks served daily!



# OPEN GYM

Friday 7pm - 8pm Saturday 8pm - 10pm

Sign in at the Youth Centre then head into the gym & play!



## Abby Night Hoops

Weekly Drop-in Basketball for Youth ages 12 - 18!

Wednesdays 8pm - 10pm



\*No basketball on March 20, 27

Basketball wraps up May 29th

Abby Night Hoops is a partnership between AYC and Abbotsford Basketball Association

## Rock Climbing, Laser Tag, Mini Golf + More!

For Youth Ages 12 - 16 yrs

Join us for **8 weeks** of fun, recreational activities at a variety of locations throughout Abbotsford - all **8** weeks for only \$50!

All sessions run from 7pm - 8:30pm

Girls Night: Tuesdays
Guys Night: Wednesdays
Youth Night: Thursdays

Starts the week of April 16!

# Register online! abbyyouth.com







REGISTER ONLINE! www.abbyyouth.com

#### \_\_\_\_ LIFE SKILLS

#### **Red Cross Babysitter's Training** For youth ages 11 - 15

\$60

All sessions run from 9am - 4:30pm Three dates to choose from:

April 27 (Sa) May 17 (F) Jun 28 (F)

#### Level One FoodSafe\* For youth ages 14 - 18

\$78

All sessions run from 9am - 5pm Two dates to choose from: Jun 22 (Sa) May 17 (F)

\*Certificate provided upon successful completion

## **Youth Focus** For youth ages 12 - 18

Join us for our FREE weekly Youth Focus groups at our Youth Centres. Check our online calendar for dates & times.



Find us online: www.abbyyouth.com







**Abbotsford** Youth Commission

We acknowledge the financial assistance of the Province of British Columbia

## BC Youth Week —

BC Youth Week is an annual provincial celebration of youth that takes place May 1-7. Abbotsford Youth Commission is once again excited to be hosting events for BC Youth Week!

Wednesday May 1 3 on 3 Basketball Tournament

**Super Smash Bros Tournament** 

**Crazy Loaded Pancake Day** 

**Thursday May 2 URoc Awards** 

**Movie Trivia** 

Friday May 3 Dodgeball Mania

**Baking Challenge** 

Saturday May 4 Youth Centre (ARC) Open House

**Kindness Crew** 

**Basketball Open Gym** 

Youth Centre (MRC) Open House Sunday May 5

Monday May 6 **Youth Council / City Council** 

**Collaboration** 

**Centre vs Centre Challenge** 

**Tuesday May 7** Taco Dinner

**Henna Art** 

We'll have these events and more at both of our youth centres throughout the week. Please check our website and online calendar for updated event information, times and locations!



**FREE Youth Dinner Nights!** 

Each month, our Youth Centres host a 'family style' sit down dinner. Youth help prepare and serve the dinners. Check our website for dates & times.

Our Dinner Nights and daily snacks are supported by the Abbotsford Community Foundation