

GUYS NIGHT

Wednesdays 7:00pm – 8:30pm

*Registration \$50 (register online at abbyyouth.com)



<p>Jan 23: Games Night</p> <p><i>Where:</i> AYC Youth Centre at ARC 2499 McMillan Road</p> <p><i>Remember:</i> Just bring yourself!</p>	<p>Jan 30: Bowling</p> <p><i>Where:</i> Galaxy Bowling 32490 Simon Avenue</p> <p><i>Remember:</i> Don't forget to wear socks!</p>	<p>Feb 6: Karate</p> <p><i>Where:</i> John Maclure Elementary 2990 Oriole Crescent</p> <p><i>Remember:</i> Wear gym clothes and bring a water bottle</p>	<p>Feb 13: Parkour*</p> <p>*7:30-9:00 (please note the time change for this session)</p> <p><i>Where:</i> Valley Stars 34334 Forrest Terrace</p> <p><i>Remember:</i> Wear gym clothes and bring a water bottle</p>
<p>Feb 20: Swimming</p> <p><i>Where:</i> Matsqui Rec Centre 3106 Clearbrook Road</p> <p><i>Remember:</i> Bring your swimsuit and towel</p>	<p>Feb 27: Gym Night</p> <p><i>Where:</i> John Maclure Elementary 2990 Oriole Crescent</p> <p><i>Remember:</i> Wear gym clothes and bring a water bottle</p>	<p>Mar 6: Laser Tag*</p> <p><i>Where:</i> Play Abby #5 2043 Abbotsford Way</p> <p><i>Remember:</i> Wear dark clothes and bring a water bottle</p>	<p>Mar 13: Get Air Trampoline Park*</p> <p><i>Where:</i> Get Air Abbotsford #5 34150 South Fraser Way</p> <p><i>Remember:</i> Wear gym clothes and bring a water bottle</p>

***Waivers required** for Parkour, Laser Tag and [Get Air Trampoline Park](#). Please complete and return waiver forms on first night of series (January 23). Waiver forms are available on our [website](#).

Youth are responsible for their own transportation to/from activities