



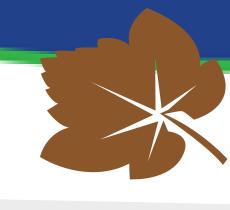




## FALL 2018











### YOUTH DROP-IN

Youth ages 12 - 18 are invited to join us at our fully staffed Youth Centres. Drop-in and say 'hi'!

#### **Youth Centre at ARC**

2499 McMillan Road

Mon - Thur 2:30 - 5pm 2:30 - 10pm Friday

Saturday

#### Youth Centre at MRC

3106 Clearbrook Road

Mon - Thur 2:30 - 5pm Friday 2:30 - 10pm

Friday







7pm - 8pm Friday Saturday 8pm - 10pm

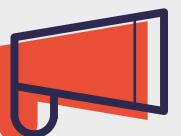
Sign in at the Youth Centre then head into the gym & play!



#### BASKETBALL

Weekly Drop-in Basketball for Youth ages 12 - 18!

Wednesdays 8pm - 10pm



Eugene Reimer Middle Oct 10 - Nov 28 \*except Oct 31

**Terry Fox Elementary** Dec 5, 12







## GIRLS | GUYS | YOUTH NIGHTS | For Youth Ages 12 - 16 yrs

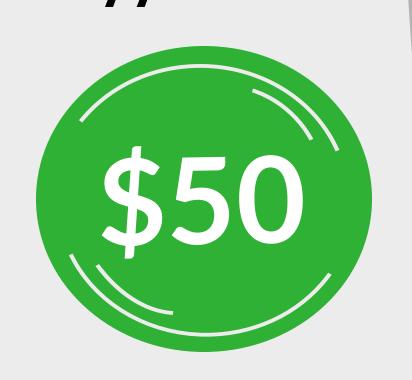
Join us for 8 weeks of fun, recreational activities at a variety of locations throughout Abbotsford. Activities may include the corn maze, rock climbing, martial arts and more!

All sessions run from 7pm - 8:30pm

**Guys Night**: Tuesdays Girls Night: Wednesdays Youth Night: Thursdays

Starts the week of Oct 9!

Register online! abbyyouth.com







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#### \_\_\_\_ LIFE SKILLS

\$60 **Red Cross Babysitter's Training** For youth ages 11 - 15

All sessions run from 9am - 4:30pm Five dates to choose from:

September 21 (F) November 3 (Sa) December 8 (S)

October 19 (F) November 23 (F)

**Employment Readiness** For youth ages 13 - 18

We'll give you the skills you need to get a job!

September 21 (F)

9am - 4pm

Level One FoodSafe\* For youth ages 14 - 18

\$78

All sessions run from 9am - 5pm Two dates to choose from:

September 29 (Sa) October 19 (F)

\*Certificate provided upon successful completion

# Abbotsford

Find us online: www.abbyyouth.com







Abbotsford Youth Commission

We acknowledge the financial assistance of the **Province of British Columbia** 

#### LEADERSHIP

Introduction to Leadership For youth ages 12 - 16

\$45

Earn a leadership certificate through this fun, engaging, one day course!

October 19 (F)

9am - 2:30pm

**Stand Out Leadership** For youth ages 14 - 18

\$65

Gain practical skills to become a successful youth leader. Course includes instruction time plus a chance to host an event in our Youth Centre on a future date

November 23 (F) plus volunteer date 9am - 2:30pm

#### **Youth Focus** For youth ages 12 - 18

Not ready to commit to a leadership course? Join us for our FREE weekly Youth Focus groups at our Youth Centres. Check our online calendar for dates & times.



#### FREE Youth Dinner Nights!

Each month, our Youth Centres host a 'family style' sit down dinner. Youth help prepare and serve the dinners. Check our website for dates & times.

Our Dinner Nights and daily snacks are supported by President's Choice Children's Charity and the Abbotsford **Community Foundation**