## **GIRLS NIGHT**

## Wednesdays 7:00pm – 8:30pm \*Registration \$50 (register online at <u>abbyyouth.com</u>) October 10 – December 5 (no session October 31)



October 10: Welcome Night	October 17: Corn Maze	October 24: Laser Tag*	November 7: Rock Climbing*
<i>Where:</i> <u>AYC Youth Centre at ARC</u> <u>2499 McMillan Road</u>	<i>Where</i> : <u>Maan Farms</u> <u>790 McKenzie Rd</u>	Where: <u>Play Abby</u> <u>#5, 2043 Abbotsford Way</u>	Where: <u>Project Climb</u> #3 34100 South Fraser Way
<i>Remember:</i> Just bring yourself!	<i>Remember:</i> Dress for the weather!	<i>Remember:</i> Wear dark clothes and bring a water bottle	<i>Remember:</i> Wear gym clothes and bring a water bottle
November 14: Bowling	November 21: Yoga*	November 28: Sun Hang Do	December 5: Get Air Trampoline Park*
Where: Galaxy Bowl 32490 Simon Rd	<i>Where:</i> <u>Abbotsford Yoga Studio</u> <u>2545 McCallum Rd</u>	<i>Where:</i> <u>Sun Hang Do</u> <u>#5 34100 South Fraser Way</u>	Where: Get Air Abbotsford #5 34150 South Fraser Way
<i>Remember:</i> Don't forget to wear socks!	<i>Remember:</i> Wear gym clothes and bring a water bottle	<i>Remember:</i> Wear gym clothes and bring a water bottle	<i>Remember:</i> Wear gym clothes and bring a water bottle

\*Waivers required for Laser Tag, Rock Climbing, Yoga and Get Air. Find them at <u>https://www.abbyyouth.com/programs/activities/girls-night-out</u>

Youth are responsible for their own transportation to/from activities