## **GIRLS NIGHT**

## Wednesdays 7:00pm – 8:30pm \*Registration \$50 (register online at <u>abbyyouth.com</u>) October 10 – December 5 (no session October 31)



| October 10: Welcome<br>Night   | October 17: Corn Maze   | October 24: Laser Tag*  | November 7: Rock<br>Climbing*                                    |
|--|---|---|--|
| <i>Where:</i><br><u>AYC Youth Centre at ARC</u><br><u>2499 McMillan Road</u> | <i>Where</i> :<br><u>Maan Farms</u><br><u>790 McKenzie Rd</u>             | Where:<br><u>Play Abby</u><br><u>#5, 2043 Abbotsford Way</u>            | Where:<br><u>Project Climb</u><br>#3 34100 South Fraser Way      |
| <i>Remember:</i><br>Just bring yourself!                                     | <i>Remember:</i> Dress for the weather!                                   | <i>Remember:</i><br>Wear dark clothes and bring<br>a water bottle       | <i>Remember:</i><br>Wear gym clothes and bring<br>a water bottle |
| November 14: Bowling   | November 21: Yoga*  | November 28: Sun<br>Hang Do   | December 5: Get Air<br>Trampoline Park*                          |
| Where:<br>Galaxy Bowl<br>32490 Simon Rd                                      | <i>Where:</i><br><u>Abbotsford Yoga Studio</u><br><u>2545 McCallum Rd</u> | <i>Where:</i><br><u>Sun Hang Do</u><br><u>#5 34100 South Fraser Way</u> | Where:<br>Get Air Abbotsford<br>#5 34150 South Fraser Way        |
| <i>Remember:</i><br>Don't forget to wear socks!                              | <i>Remember:</i><br>Wear gym clothes and bring<br>a water bottle          | <i>Remember:</i><br>Wear gym clothes and bring<br>a water bottle        | <i>Remember:</i><br>Wear gym clothes and bring<br>a water bottle |

\*Waivers required for Laser Tag, Rock Climbing, Yoga and Get Air. Find them at <u>https://www.abbyyouth.com/programs/activities/girls-night-out</u>

Youth are responsible for their own transportation to/from activities