



Starting July 3!

**AYC Youth Centre
at ARC
Summer Hours**

FREE

Free Drop-in for youth ages 12-18

Monday - Friday*	12:00pm - 5:00pm
Monday Open Gym*	2:45pm - 3:45pm
Friday Open Gym	3:30pm - 5:00pm

**Closed July 2 and August 6*

Weekly Drop-in Themes 12PM - 5PM

July 3 - 6	Thumb Wars
July 9 - 13	Get in the Game
July 16 - 20	Big Bang Theory
July 23 - 27	DIY Projects
July 30 - Aug 3	Candy Land

Aug 7 - Aug 10	Super Soaked
Aug 13 - 17	Star Wars
Aug 20 - 24	Survivor
Aug 27 - 31	Game Shows

Summer Sports Zone 10AM - 12PM

***Bundle and save when you register for 2 or more weeks of Summer Sports Zone Activities:**
1 week \$50, 2 weeks \$90, 3 weeks \$120, All 4 weeks ONLY \$140. Stay until 5pm with no extra cost.
Financial Assistance available for those in need

New Age Games \$50*

12 - 18 yrs

July 16 - 19 (M-Th)

10am - Noon

Try out new age games such as tchoukball, Frisbee Golf and more. finish off this fun week with Blast Archery!

The Great Outdoors \$50*

12 - 18 yrs

July 30 - Aug 2 (M-Th)

10am - Noon

Learn to take public transit with us to a local destination for a hike, try out some great campfire recipes, build and fly a kite and more. Rock Climbing is the best way to finish off this week!

Water Wars \$50*

12 - 18 yrs

Aug 13 - 16 (M-Th)

10am - Noon

Cool down this summer with Slip n' Slide, water balloon fights, water relays and more. End the week with a public transit trip to play some laser tag.

Old School Games \$50*

12 - 18 yrs

Aug 27 - 30 (M-Th)

10am - Noon

Activities include Kick the Can, Capture the Flag, Field Games and more. enjoy a good old bowling game via public transit to finish off the week.

Registered Programs

Red Cross Babysitter's Training \$55

11 - 15 yrs

AYC Youth Centre at ARC

This Red Cross program will teach you the skills to care for infants to school aged children and help you become a responsible babysitter. Certificate provided upon completion.

July 3 - 6 (Tu-Fri)	10:00am - 12:00pm
July 16 - 19 (M-Th)	10:00am - 12:00pm
July 30 - Aug 2 (M-Th)	10:00am - 12:00pm
Aug 13 - 16 (M-Th)	10:00am - 12:00pm
Aug 27 - 30 (M-Th)	10:00am - 12:00pm



Level One FoodSafe \$78

14 - 18 yrs

9:00am - 5:00pm

This Level 1 course is for food service front line workers such as bus persons, servers, dishwashers and cooks. Participants are provided with a FOODSAFE certificate upon successful completion of the course.

Monday, July 16
Friday, August 24



Location TBA
Location TBA

Employment Readiness \$50

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14 - 18 yrs

July 9 - 12 (M-Th) 10:00am - 12:00pm

This fun and interactive course will help you prepare a resume, take you through the interview process and give you that competitive edge you need to get a job.

4 Courses Cooking \$60

Location: TBA

12 - 18 yrs

July 23 - 26 (M-Th) 10:00am - 12:00pm

It's a full meal deal! Learn to make a soup, an appetizer, a main course as well as a dessert

DIY Projects \$60

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12 - 18 yrs

Aug 7 -10 (Tu-Fri) 10:00am - 12:00pm

Get creative and make fun things! We will be making tie-dye tshirts, stepping stones, string art, paracord bracelets and more.

Leadership Training \$50

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12 - 16 yrs

August 20 - 23 (M-Th) 10:00am - 12:00pm

Earn a leadership certificate through this fun and engaging one day course. Learn communication, teambuilding and conflict management skills all while increasing your leadership potential.

Did you know?



Our drop in centre and our programs are supervised and coordinated by fully trained and screened members of our staff team.



Our drop-in programs are always FREE and our youth centre at ARC is open Monday to Friday from 12pm - 5pm through July and August.



We provide fun activities daily and our youth centre is equipped with video games, a pool table, and crafts. We also access the sportsfield behind ARC for outdoor activities



We offer healthy snacks daily, thanks to the generous support of the Abbotsford Community Foundation and President's Choice Children's Charity



Youth can attend our registered programs in the morning then access our free drop-in activities until 5pm!

