

@ The Abbotsford Youth Commission



AYC Youth Centre at ARC Summer Hours



Free Drop-in for youth ages 12-18

Monday - Friday*

Monday Open Gym*

12:00pm - 5:00pm

2:45pm - 3:45pm

Friday Open Gym

3:30pm - 5:00pm

*Closed July 2 and August 6

Weekly Drop-in Themes 12PM - 5PM

July 3 - 6
July 9 - 13
Get in the Game
Big Bang Theory
July 23 - 27
DIY Projects

Candy Land

Aug 7 - Aug 10
Aug 13 - 17
Star Wars
Aug 20 - 24
Aug 27 - 31
Super Soaked
Star Wars
Survivor
Game Shows

Summer Sports Zone 10AM - 12PM

*Bundle and save when you register for 2 or more weeks of Summer Sports Zone Activities: 1 week \$50, 2 weeks \$90, 3 weeks \$120, All 4 weeks ONLY \$140. Stay until 5pm with no extra cost. Financial Assistance available for those in need

New Age Games \$50*

12 - 18 yrs

July 30 - Aug 3

July 16 - 19 (M-Th) 10am - Noon

Try out new age games such as tchoukball, Frisbee Golf and more. finish off this fun week with Blast Archery!

The Great Outdoors \$50*

12 - 18 yrs

July 30 - Aug 2 (M-Th) 10am - Noon Learn to take public transit with us to a local destination for a hike, try out some great campfire recipes, build and fly a kite and more. Rock Climbing is the best way to finish off this week!

Water Wars \$50*

12 - 18 yrs

Aug 13 - 16 (M-Th)

Cool down this summer with Slip n' Slide, water balloon fights, water relays and more. End the week with a public transit trip to play some laser tag.

Old School Games \$50*

12 - 18 yrs

Aug 27 - 30 (M-Th) 10am - Noon Activities include Kick the Can, Capture the Flag, Field Games and more. enjoy a good old bowling game via public transit to finish off the week.



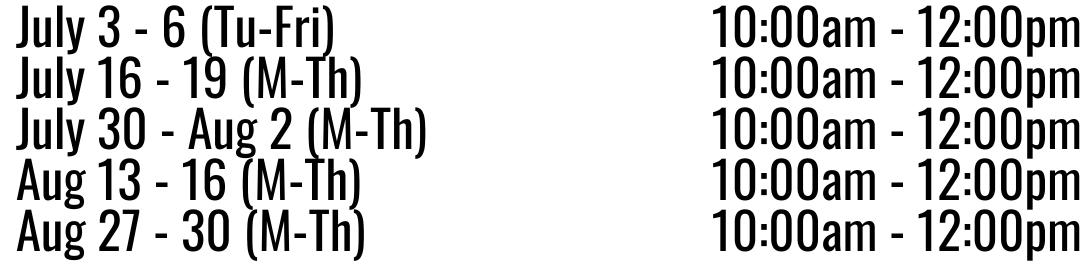


Red Cross Babysitter's Training \$55

11 - 15 yrs

AYC Youth Centre at ARC

This Red Cross program will teach you the skills to care for infants to school aged children and help you become a responsible babysitter. Certificate provided upon completion.



Employment Readiness \$50

AYC Youth Centre at ARC

14 - 18 yrs

July 9 - 12 (M-Th) 10:00am - 12:00pm

This fun and interactive course will help you prepare a resume, take you through the interview process and give you that competitive edge you need to get a job.

4 Courses Cooking \$60

Location: TBA

12 - 18 yrs

July 23 - 26 (M-Th)

It's a full meal deal! Learn to make a soup, an appetizer, a main course as well as a dessert

DIY Projects \$60

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12 - 18 yrs

Aug 7 -10 (Tu-Fri) 10:00am - 12:00pm

Get creative and make fun things! We will be making tiedye tshirts, stepping stones, string art, paracord bracelets and more.

Leadership Training \$50

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12 - 16 yrs

August 20 - 23 (M-Th)

10:00am - 12:00pm

Farn a leadership certificate through this fun and engagine

Earn a leadership certificate through this fun and engaging one day course. Learn communication, teambuilding and conflict management skills all while increasing your leadership potential.

Level One FoodSafe \$78

14 - 18 yrs

9:00am - 5:00pm

This Level 1 course is for food service front line workers such as bus persons, servers, dishwashers and cooks. Participants are provided with a FOODSAFE certificate upon successful completion of the course.

Monday, July 16 Friday, August 24 Location TBA Location TBA

Did you know?

- Our drop in centre and our programs are supervised and coordinated by fully trained and screened members of our staff team.
- Our drop-in programs are always FREE and our youth centre at ARC is open Monday to Friday from 12pm 5pm through July and August.
- We provide fun activities daily and our youth centre is equipped with video games, a pool table, and crafts. We also access the sportsfield behind ARC for outdoor activities
- We offer healthy snacks daily, thanks to the generous support of the Abbotsford Community Foundation and President's Choice Children's Charity
- Youth can attend our registered programs in the morning then access our free drop-in activities until 5pm!







We acknowledge the financial assistance of the Province of British Columbia