

Parent Name: \_\_\_\_\_ Athlete Name: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_ DOB: \_\_\_\_\_

**VALLEY STARS CHEERLEADING LTD.  
PARTICIPANT'S INFORMED CONSENT FORM (Under 18)  
PLEASE READ CAREFULLY**

 **Risk:**

I, \_\_\_\_\_, give my consent for my child, \_\_\_\_\_,  
(Parent's Name) (Child's Name)

to participate in cheerleading and/or tumbling which may result in personal injury (including but not limited to: injury to bones, joints, ligaments, muscles, tendons, internal organs, and other aspects of the skeletal system and potential impairment to other aspects of the body, and in rare occurrences, death, complete or partial paralysis or brain damage) and property damage or loss. The definition of participating in a cheerleading program includes but is not limited to: it is an activity that uses organized routines made up of elements from stunting, gymnastics & dance to cheer on sports teams at games and matches or as a competitive sport. I fully understand these risks and give my son / daughter permission to participate in a cheerleading program.

 **Rules:**

I understand that the rules and regulations are designed for the safety and protection of participants and hereby agree to inform my son/daughter of the importance of abiding by the rules and regulations set down by Valley Stars Cheerleading Ltd.

 **Media Release:**

I hereby grant to Valley Stars Cheerleading Ltd. the right to use, without payment of any fee or charge, any written information, photograph, video tape or other visual media of my son / daughter taken during club event for the purpose of furthering Valley Stars Cheerleading Ltd. objectives.

- I, as the parent/guardian of the participant named herein, hereby declare that I have read, understood and agree to the contents of this Informed Consent in its entirety.
  
- I, as the parent/guardian of the participant named herein, agree to assume full responsibility to instruct my child of the risks involved and to inform him / her of the importance of abiding by the rules and regulations.

Date		Club/Team Name	
Participant Name		Parent/Guardian Signature	
Witness Name		Witness Signature	