

Empowered

Take-Home Kits for Youth

Ages 12-18 | Starting July 4th

Each Empowered Kit comes with a reflective resource, a fun activity, and a tasty treat!

Pick up your kit on Mondays, between 2:30-4:30pm at 33355 Bevan Ave, right next to the Abbotsford Community Library

Become empowered this summer through youth friendly personal growth, mindfulness, and self-care activities

For more information,
contact us at info@abbyouth.com or
778-880-8559

