

# YOUTH NIGHT *Thursdays 7:00pm – 8:30pm*

*\*Registration \$50 (register online at [abbyyouth.com](http://abbyyouth.com))*



<p><b>Jan 24: Games Night</b></p> <p><i>Where:</i> <a href="#">AYC Youth Centre at ARC</a> <a href="#">2499 McMillan Road</a></p> <p><i>Remember:</i> Just bring yourself!</p>	<p><b>Jan 31: Bowling</b></p> <p><i>Where:</i> <a href="#">Galaxy Bowling</a> <a href="#">32490 Simon Avenue</a></p> <p><i>Remember:</i> Don't forget to wear socks!</p>	<p><b>Feb 7: Karate</b></p> <p><i>Where:</i> <a href="#">AG-Rec</a> <a href="#">Gate #2 32470 Haida Dr</a></p> <p><i>Remember:</i> Wear gym clothes and bring a water bottle</p>	<p><b>Feb 14: Parkour*</b></p> <p><b>*7:30-9:00 (please note the time change for this session)</b></p> <p><i>Where:</i> <a href="#">Valley Stars</a> <a href="#">34334 Forrest Terrace</a></p> <p><i>Remember:</i> Wear gym clothes and bring a water bottle</p>
<p><b>Feb 21: Swimming</b></p> <p><i>Where:</i> <a href="#">Matsqui Rec Centre</a> <a href="#">3106 Clearbrook Road</a></p> <p><i>Remember:</i> Bring your swimsuit and towel</p>	<p><b>Feb 28: Gym Night</b></p> <p><i>Where:</i> <a href="#">Mountain Elementary</a> <a href="#">2299 Mountain Drive</a></p> <p><i>Remember:</i> Wear gym clothes and bring a water bottle</p>	<p><b>Mar 7: Laser Tag*</b></p> <p><i>Where:</i> <a href="#">Play Abby</a> <a href="#">#5 2043 Abbotsford Way</a></p> <p><i>Remember:</i> Wear dark clothes and bring a water bottle</p>	<p><b>Mar 14: Get Air Trampoline Park*</b></p> <p><i>Where:</i> <a href="#">Get Air Abbotsford</a> <a href="#">#5 34150 South Fraser Way</a></p> <p><i>Remember:</i> Wear gym clothes and bring a water bottle</p>

**\*Waivers required** for Laser Tag, Parkour and [Get Air Trampoline Park](#). Please complete and return waiver forms on first night of series (January 24). Waiver forms are available on our [website](#).

Youth are responsible for their own transportation to/from activities