

FALL 2023



Whatz Up

@ THE ABBOTSFORD YOUTH COMMISSION

DROP-IN YOUTH CENTRES

Youth ages 12-18 are invited to join us at our fully staffed Youth Centres! Please check our website to confirm our hours.



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ARC (2499 MCMILLIAN RD) STARTING SEPT. 6	2:30-4:30	2:30-4:30	2:30-4:30	2:30-4:30	2:30-8:00
MRC (3106 CLEARBROOK RD) STARTING TBA	2:30-4:30	2:30-4:30	2:30-4:30	2:30-4:30	2:30-8:00

LOCATION LOCATION LOCATION



ARC Youth Centre: 2499 McMillian Rd

Our entrance at ARC is facing the large fields and up a few stairs!

MRC Youth Centre: 3106 Clearbrook Rd

Our entrance at MRC is near the skating rink, up the red stairs!

AYC's Office: P208 - 33355 Bevan Ave

We're in the Sweeney Neighbourhood Centre.

FOLLOW US ON SOCIAL MEDIA TO STAY UP TO DATE WITH EVERYTHING #AYC!



@ABBYOUTH

YOUTH NIGHT

(AGES 12-16)



TUESDAY YOUTH NIGHT - \$50

Tuesdays, 7-8:30pm | Oct. 10- Nov. 28
8 weeks of activities that may include bowling, mini-golf, martial arts, and more!

THURSDAY YOUTH NIGHT - \$50

Thursdays, 7-8:30pm | Oct. 12- Nov. 30
8 weeks of activities that may include bowling, mini-golf, martial arts, and more!

FREE OPEN GYM

Ages 12-18, @ ARC Youth Centre

Play basketball, badminton, nine square, soccer, volleyball, and more! Tuesdays & Thursdays, 3:15-4:30pm.

*Please check the calendar on our website to confirm our hours



Abbotsford Youth Commission
778-880-8559 | info@abbyouth.com
www.abbyouth.com



LIFE SKILLS PROGRAMS

FRASER HEALTH FOODSAFE

[AT] MRC YOUTH CENTRE

\$80 - AGES 14 - 18

This level one course is for food service front line workers such as bus persons, servers, dishwashers and cooks.

FOODSAFE certificate with successful completion.

- **September 29 @ 9AM - 5PM**
- **October 20 @ 9AM - 5PM**
- **November 10 @ 9AM - 5PM**



REDCROSS BABYSITTERS

[AT] ARC YOUTH CENTRE

\$65 - AGES 11 - 15

This Red Cross Babysitters program will teach you the skills to care for infants to school aged children and help you become a responsible babysitter.

Certificate provided upon completion.

- **September 29 @ 9AM - 4:30PM**
- **October 20 @ 9AM - 4:30PM**
- **November 10 @ 9AM - 4:30PM**



LEADERSHIP PROGRAMS

- Youth Focus (Ages 12-18)

- Starting on October 4th
- Wednesdays @ 4:30-5:30pm
- at BOTH Youth Centres!

- (IN)volved

Contact us for more information!

SPECIAL EVENT:

- BC Culture Days - **FREE EVENT!**

- **Book + Zine Making w/Ember Muninn**
 - Sept. 22, 2023 (MRC @ 4:30PM-6PM)
- **Collage Session w/Natoya Ellis**
 - Oct. 13, 2023 (ARC @ 4:30PM-6PM)

HOW TO REGISTER FOR OUR PROGRAMS:

1. Go to www.abbyyouth.com and click "**Register Online**".
2. On our SmartRec page, make an account under the caregiver's name, the caregiver will become the "**Account Owner**".
3. Under the caregiver's account, add your youth(s) by clicking "**Members**" and the "**Add Person**". Now fill in your youth's information.

4. Once the account is created continue to the registration page to register your youth. Choose the program then click the **blue person icon**, then select your youth as the "**Member**".

5. Continue to the checkout to fill in the youth's info and payment information.

*Please contact our office if financial assistance is needed

