



# Youth Week

British Columbia • May 1 - 7

FREE!  
EVENTS

MAY 1-7



01  
MON

**THANK A YOUTH WORKER COFFEE**  
ALL LOCAL YOUTH WORKERS  
AURORA CAFE, 2615 MONTROSE AVE  
10AM - 11:30AM

We want to thank Abbotsford's amazing Youth Workers by hosting a coffee social at Aurora Cafe! First 50 youth workers receive free coffee!

**WHAT DO YOU MEME? (12-18YRS)**  
MRC YOUTH CENTRE / 3:15PM - 4:15PM

Do you love creating and sending funny Memes? Whether you love making, receiving and/or laughing till your belly aches at a good meme... this hilarious activity is for YOU!

**MUSIC BINGO! (12-18YRS)**  
ARC YOUTH CENTRE / 3:15PM - 4:15PM

Who doesn't love music & bingo?! Swing by our ARC Youth Centre and see if you will be the lucky one to sing out "BINGO!" and win a prize!

02  
TUE

**WORLD CAFÉ**  
LOCATION TBA / 4PM - 6PM

Our City Council and Youth Council will be getting together to collaborate on issues important to youth in Abbotsford.

**ROOTBEER RUSH (12-18YRS)**  
MRC YOUTH CENTRE / 3PM - 4PM

Come for the free Rootbeer float and stay for the Rush!

**DODGE THIS! (12-18YRS)**  
ARC YOUTH CENTRE (ARC GYM) / 3:15PM - 4:30PM

Do you have what it takes to take home the win?! We've got prizes and bragging rights to give away at this event! All levels of dodgeball skill are welcome. You can't dodge this!

03  
WED

**MUSIC BINGO! (12-18YRS)**  
MRC YOUTH CENTRE / 3:15PM - 4:15PM

Who doesn't love music & bingo?! Swing by our ARC Youth Centre and see if you will be the lucky one to sing out "BINGO!" and win a prize!

**MURDER MYSTERY PARTY (12-18YRS)**  
ARC YOUTH CENTRE / 3:15PM - 4:15PM

You are invited to a party to die for! Help us solve a mystery of who killed who at ARC Youth Centre!

**LASER TAG! (12-18YRS)**  
ARC ARENA (DRY FLOOR) / 4:30PM - 6:30PM

Lights! Lasers! Action! Have a blast while as you chase your opponents around barriers in the ARC Arena! No registration required, but please DM us on Instagram @abbyyouth or check our website abbyyouth.com to complete the form and save your spot!

04  
THUR

**JEDI MIND TRICKS (12-18YRS)**  
MRC YOUTH CENTRE / 3:15PM - 4:15PM

The force you will experience, see things you will! Happy Star Wars Day! May the 4th be with you at MRC Youth Centre!

**SITH SQUARE (12-18YRS)**  
ARC YOUTH CENTRE (ARC GYM) / 3:15PM - 4:30PM

Have a blast this Star Wars Day while you take on the dark side in the ARC Gym! The ARC Youth Centre will be open for concession and hanging out to catch your breath between games. May the 4th be with you!

**ARC & MRC TOONIE SWIM (13-18YRS)**  
ARC POOL & MRC POOL / 7PM - 10PM

Bring your swimsuits and friends for a splashing good time at the MRC & ARC Pools. Come on in and catch your wave of happiness!

\$2

05  
FRI

**MURDER MYSTERY PARTY (12-18YRS)**  
MRC YOUTH CENTRE / 4:30PM - 6PM

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**WHAT DO YOU MEME? (12-18YRS)**  
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**DROP IN YOUTH SKATE (12-18YRS)**  
MRC ICE ARENA (3106 CLEARBROOK ROAD) / 2PM - 4PM

Free Admission and Free Rentals. no registration required, but please DM us on Instagram @abbyyouth or check our website www.abbyyouth.com and complete the form to save your spot! Lace up and skate into spring for a chance to get some free BC Youth Week Swag!

06  
SAT

**ART IN THE PARK (ALL AGES)**  
DELAIR PARK (35570 OLD YALE RD) PLAYGROUND  
12PM - 4PM

Free drop in art in the park with featured artist Rebekah Brackett! Rebekah will be demonstrating linoleum printmaking with water-soluble inks. Make your own print to take home! This event is part of the Go Play Outside initiative.

**ARC & MRC TOONIE SWIM (13-18YRS)**  
ARC POOL & MRC POOL / 7PM - 10PM

Bring your swimsuits and friends for a splashing good time at the MRC & ARC Pools. Come on in and catch your wave of happiness!

\$2

07  
SUN

**SELF CARE SUNDAY (ALL AGES)**  
INSTAGRAM / ALL DAY

May 7th is Youth Mental Health Day. Follow our Instagram @abbyyouth to engage in the wellness conversation and discover local resources.

2023



FOR MORE INFO

778.880.8559  
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abbyyouth.com | @abbyyouth

