

WINTER 2022



# Whatz Up

@ THE ABBOTSFORD YOUTH COMMISSION

## YOUTH NIGHT

(AGES 12-16)



Register online here!



### YOUTH NIGHT GAMES ROOM (7 WEEKS)- \$35

Mondays, 7-8:30pm | Jan. 17- March 7

Learn about health and wellness through fun games, social interaction, and physical activities like Wii Sports, Pool, Ping Pong and more!

### YOUTH NIGHT SAMPLER (8 WEEKS)- \$50

Tuesdays, 7-8:30pm | Jan. 18- March 8

Join us for a variety of fun activities like bowling, laser tag, VRkade, and more! **\*Proof of vaccination is required for this program\***

### YOUTH NIGHT SELF-LED (NO MEETING TIMES)- \$35

Package pick-up is Jan 21st at ARC, 2:30-6:30

Participate at your own pace in active activities around Abbotsford like bowling, swimming, skating, VRkade, and more! **\*Proof of vaccination may be required for some activities\***

## Life Skills Programs

### Red Cross Babysitters Course

\$60, Ages 11-15

- Jan. 28, 9am-4:30pm
- Feb. 18, 9am-4:30pm

### FOODSAFE Level 1 Course

\$78, Ages 14-18

- Jan. 28, 9am-5pm
- Feb. 18, 9am-5pm
- March. 25, 9am-5pm

### Employment Readiness Course

\$50, Ages 14-18

- Jan. 28, 10:15-4:30

### LEAD

\$50, Gr. 9-12 (5 sessions)

Youth will gain volunteer hours, leadership and event planning skills!

## FREE Youth Centre Drop-In Hours



	ARC	MRC
Mon-Thurs	2:30-4:30pm	2:30-4:30pm
Friday	2:30-6:30pm	2:30-7:30pm

## FREE OPEN GYM

Ages 12-18, @ ARC Youth Centre



Play basketball, badminton, nine square, soccer and more!

**\*Please check the calendar on our website for open gym hours!**



Abbotsford Youth Commission  
778-880-8559 | info@abbyouth.com  
www.abbyouth.com

# LOCATIONS!



## ARC Youth Centre: 2499 McMillian Rd

Our entrance at ARC is facing the large fields and up a few stairs!



## MRC Youth Centre: 3106 Clearbrook Rd

Our entrance at MRC is near the skating rink, up the red stairs!



## AYC's Office: 33355 Bevan Ave

We're in the Sweeny Neighbourhood Centre.

### (IN)volved (Ages 12-18)

Get connected with volunteer opportunities in Abbotsford. Apply on our website to join and we'll email you with opportunities as they become available.

### Youth Leadership (Ages 12-18)

Check out our website for leadership & volunteer opportunities for youth!

[www.abbyouth.com](http://www.abbyouth.com)



Follow us on social media to stay up to date with everything #AYC!



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@ABBOTSFORDYOUTH  
COMMISSION



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100k views

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1 DAYS AGO

Check out our WEBSITE for ALL the information and to register for our programs!



#### How to register for our programs:

1. Go to [www.abbyouth.com](http://www.abbyouth.com) and click "Register Online". This will take you to our Amilia page.
2. On our Amilia page, make an account under the **caregiver's name**, the caregiver will become the "**Account Owner**".
3. Under the caregiver's account, add your youth(s) by clicking "**Members**" and the "**Add Person**". Now fill in your youth's information.
4. Once the account is created continue to the registration page to register your youth. Choose the program then click the **blue person icon**, then select your youth as the "**Member**".
5. Continue to the checkout to fill in the youth's info and payment information.

\*Please contact our office if financial assistance is needed