



Starting July 2!

**AYC Youth Centre
at ARC
Summer Hours**



Free Drop-in for youth ages 12-18

Monday - Friday*	12:00pm - 5:00pm
Monday Open Gym*	2:45pm - 3:45pm
Friday Open Gym	3:30pm - 5:00pm

*Closed July 1 and August 5

Visit our online calendar for more information about our weekly themes and activities we have planned for the summer! www.abbyouth.com/calendar

New! All Day Programs! Fully staffed programs with out trips, snacks daily and tons of fun!
for youth ages 12 - 14 8:30am - 4pm (stay until 5pm with no extra cost!)

Summer Youth Zone
July 8 - 12 (M - Fri)

Games Room
July 15 - 19 (M - Fri)



Go to www.abbyouth.com for more information!

Summer Sports Zone 10AM - 12PM
for youth ages 12 - 18 years

*Bundle and save when you register for 2 or more weeks of Summer Sports Zone Activities:
1 week \$50, 2 weeks \$90, 3 weeks \$120, All 4 weeks ONLY \$140. Stay until 5pm with no extra cost.
Financial Assistance available for those in need

The Great Outdoors *\$50

July 2 - 5 (Tu - F) 10am - Noon
Learn to take public transit with us to a local destination for a hike, try out some great campfire foil recipes, hiking, geocaching and more. Rock climbing is the best way to finish off this week!

New Age Games *\$50

Aug 12 - 15 (M-Th) 10am - Noon
Try out some new games such as tchouckball, frisbee golf and more. Finish off this week with Blast Archery - a cross between paintball, dodgeball and archery, played with safety foam tipped arrows.

Water World *\$50

July 29 - Aug 1 (M-Th) 10am - Noon
Cool down this summer with water relays, Slip n Slide, water fights and more. End the week with a public transit trip to play some laser tag.

Ball Games *\$50

Aug 26 - 29 (M-Th) 10am - Noon
A little bit of everything ... baseball, flag football, soccer and more. End this fun filled week with a trip on public transit to Get Air Trampoline Park!

Registered Programs



Red Cross Babysitter's Training \$60

11 - 15 yrs

AYC Youth Centre at ARC

This Red Cross program will teach you the skills to care for infants to school aged children and help you become a responsible babysitter. Certificate provided upon completion.



July 2 - 5 (Tu-Fri)	10:00am - 12:00pm
July 15 - 18 (M-Th)	10:00am - 12:00pm
July 31 - Aug 2 (W-Fri)	9:30am - 12:00pm
Aug 12 - 15 (M-Th)	10:00am - 12:00pm
Aug 26 - 29 (M-Th)	10:00am - 12:00pm

Level One FoodSafe \$78

14 - 18 yrs

This Level 1 course is for food service front line workers such as bus persons, servers, dishwashers and cooks. Participants are provided with a FOODSAFE certificate upon successful completion of the course.

Monday, July 8	9:00am - 5:00pm
Monday, Aug 19	9:00am - 5:00pm

Leadership Training \$50

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12 - 18 yrs

August 19 - 22 (M-Th) 10:00am - 12:00pm

Earn a leadership certificate through this fun and engaging one day course. Learn communication, teambuilding and conflict management skills all while increasing your leadership potential.

Employment Readiness \$50

Location: TBA

14 - 18 yrs

July 9 - 11 (Tu-Th) 9:30am - 12:00pm

This fun and interactive course will help you prepare a resume, take you through the interview process and give you that competitive edge you need to get a job.

Games Room \$45

AYC Youth Centre at ARC

12 - 18 yrs

July 15 - 18 (M-Th) 10:00am - 12:00pm

Playing video games at home all summer? Venture out and play with like-minded youth, meet new friends, enjoy video games, strategy card games, board games and more, you decide!

Cooking \$60

Location: TBA

12 - 18 yrs

July 22 - 25 (Mon - Th) 10:00am - 12:00pm

Make quick, easy and tasty appetizers, salads and main courses.

Baking \$60

Location: TBA

12 - 18 yrs

Aug 6 - 9 (Tu - Fri) 10:00am - 12:00pm

Make and bake tasty treats from scratch each day.



New Age Games - Blast Archery

Did you know?

- ✓ Our drop in centre and our programs are supervised and coordinated by fully trained and screened members of our staff team.
- ✓ Our drop-in programs are always FREE and our youth centre at ARC is open Monday to Friday from 12pm - 5pm through July and August.
- ✓ We provide fun activities daily and our youth centre is equipped with video games, a pool table, and crafts. We also access the sportsfield behind ARC for outdoor activities
- ✓ Youth can attend our registered programs in the morning then access our free drop-in activities until 5pm!



REGISTER ONLINE!
www.abbyouth.com

We acknowledge the financial assistance of the Province of British Columbia