



## Spring 2018 April - June

### Spring Break

Join us for Spring Break activities at our Youth Centre at ARC. Take part in Karaoke, a Mario Kart Tournament, Capture the Flag, Soccer and more! There is no need to register, just drop in!

#### Youth Centre at Abbotsford Rec Centre (ARC)

March 19 - 22	1:00pm - 5:00pm
March 23	1:00pm - 8:00pm
March 24	7:00pm - 10:00 pm
March 26 - 29	1:00pm - 5:00pm



### Free Dinner Nights



Thanks to the generous support of the Abbotsford Community Foundation, we continue to host a nutritious, family style sit down dinner each month at both youth centres. Youth ages 12-18 are invited to join us. Check our website calendar for dates and times!

### Youth Focus

12 - 18 yrs  
5:00pm - 6:00pm

Youth Focus is a great introduction to learning valuable leadership skills. Groups meet weekly at each youth centre to focus on important issues and planning of special events for the youth centres. No registration is required!

Wednesdays  
Thursdays

Youth Centre @ ARC  
Youth Centre @ MRC

### Summer Youth Zone

We'll be running many programs over the summer break - watch our website for more details!



## Free Programming for Youth 12-18

### AYC Youth Centres 12-18 yrs



Join us at one of our youth centres and hang out with us! Our youth centres are a welcoming, safe place for youth to be and are fully staffed and supervised at all times. Drop in to connect with other youth and engage in a variety of fun recreational activities.

#### Youth Centre at Abbotsford Rec Centre (ARC)

Monday-Thursday	2:30pm - 5:00pm
Friday	2:30pm - 10:00pm
Saturday	7:00pm - 10:00pm

#### Youth Centre at Matsqui Rec Centre (MRC)

Monday-Thursday	2:30pm - 5:00pm
Friday	2:30pm - 10:00pm

### FREE Open Gym 12-18 yrs



Come to the Youth Centre @ ARC and hang out until we open the gym. You'll have the opportunity to play all your favourite sports!

#### Youth Centre at Abbotsford Rec Centre (ARC)

Fridays	7:00pm - 8:00pm
Saturdays	8:00pm - 10:00pm

### FREE Drop In Floor Hockey and Soccer 12-18 yrs



Join us each week for an exciting game of floor hockey or soccer - you choose! We will divide the gym in two and you pick what you want to play. All skill levels welcome, equipment can be provided. Please check website calendar for cancellations.

#### Exhibition Park (Ag Rec Building), Gate 2

Thursdays	3:30pm - 5:00pm
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### FREE Drop In Basketball 12-18 yrs



Drop in each week to shoot some hoops and have some fun, no matter what your skill level is. All youth are welcome to come out and play! Please check website for cancellations.

#### Abbotsford Middle School

Wednesdays	8:00pm - 10:00pm
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# Registered Programs

and more!

The Abbotsford Youth Commission is a proud member of BC Youth Week, an annual provincial celebration of youth in our communities. We'll be hosting a variety of events throughout the week, make sure you stay up to date by visiting our website calendar!



## URoc Awards and Ice Cream Social

Tuesday, May 1  
3:30pm  
Youth Centre at ARC



The URoc Awards recognize youth and community members who demonstrate the values of Respect, Responsibility, Integrity, Empathy, Courage and Service. Every year the AYC presents these awards at their Community Appreciation Ice Cream Social. We are seeking nominations, visit our website for details!

Wednesday, May 2



3 on 3 Basketball  
Tournament

Friday, May 4



Youth Appreciation  
BBQ

Saturday, May 5



Youth Paint Night

Monday, May 7



Youth Council / City  
Council Collaboration

We'll be adding more events and details about each of these events to our website soon!

## Guys Night, Girls Night & Youth Night

12 - 16 yrs  
\$45.00 for 8 sessions (financial assistance available)  
7:00pm - 8:30pm

Our Guys, Girls and Youth Nights are the perfect opportunity to participate in your favourite recreational activities plus try some new ones! Previous activities have included karate, laser tag, rock climbing, bowling and more! Locations vary around Abbotsford.

Guys Night  
Girls Night  
Youth Night

Tuesdays: April 17 - June 5  
Wednesdays: April 18 - June 6  
Thursdays: April 19 - June 7

## Red Cross Babysitter's Training Course

11 - 15 yrs  
\$55.00  
9:00am - 4:30pm



This Red Cross program will teach you the skills to care for infants to school aged children and help you become a responsible babysitter. Certificate provided upon completion. Three dates to choose from:

Friday, April 27  
Friday, May 18  
Saturday, June 9

Youth Centre @ MRC  
Exhibition Park, Ag Rec Bldg  
Youth Centre @ ARC

## Level One FoodSafe

14 - 18 yrs  
\$75.00  
9:00am - 5:00pm



This Level 1 course is for food service front line workers such as bus persons, servers, dishwashers and cooks. Participants are provided with a FOODSAFE certificate upon successful completion of the course. Three dates to choose from:

Thursday, April 26  
Saturday, June 2  
Thursday, June 28

Exhibition Park, Ag Rec Bldg  
Youth Centre @ ARC  
Exhibition Park, Ag Rec Bldg

## Youth Paint Night and Pizza

12 - 18 yrs  
\$20.00  
12pm - 2pm

Follow along with an artist to create a fun painting. We'll provide the pizza and all the supplies you need. Just bring your creativity.

Saturday May 5

Youth Centre @ ARC