





Spring 2018 April - June

Spring Break

Join us for Spring Break activities at our Youth Centre at ARC. Take part in Karaoke, a Mario Kart Tournament, Capture the Flag, Soccer and more! There is no need to register, just drop in!

Youth Centre at Abbotsford Rec Centre (ARC)

March 19 - 22	1:00pm - 5:00pm
March 23	1:00pm - 8:00pm
March 24	7:00pm - 10:00 pm
March 26 - 29	1:00pm - 5:00pm



Free Dinner Nights



Thanks to the generous support of the Abbotsford Community Foundation, we continue to host a nutritious, family style sit down dinner each month at both youth centres. Youth ages 12-18 are invited to join us. Check our website calendar for dates and times!

Youth Focus

12 - 18 yrs

5:00pm - 6:00pm

Youth Focus is a great introduction to learning valuable leadership skills. Groups meet weekly at each youth centre to focus on important issues and planning of special events for the youth centres. No registration is required!

Wednesdays Thursdays

Youth Centre @ ARC Youth Centre @ MRC

Summer Youth Zone

We'll be running many programs over the summer break - watch our website for more details!

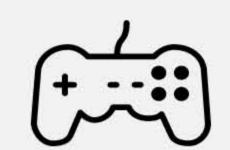


Free Programming for Youth 12-18

AYC Youth Centres







12-18 yrs

Join us at one of our youth centres and hang out with us! Our youth centres are a welcoming, safe place for youth to be and are fully staffed and supervised at all times. Drop in to connect with other youth and engage in a variety of fun recreational activities.

Youth Centre at Abbotsford Rec Centre (ARC)

Monday-Thursday	2:30pm - 5:00pm
Friday	2:30pm - 10:00pm
Saturday	7:00pm - 10:00pm

Youth Centre at Matsqui Rec Centre (MRC)

Monday-Thursday	2:30pm - 5:00pm
Friday	2:30pm - 10:00pm

FREE Open Gym







Come to the Youth Centre @ ARC and hang out until we open the gym. You'll have the opportunity to play all your favourite sports!

Youth Centre at Abbotsford Rec Centre (ARC)

Fridays 7:00pm - 8:00pm 8:00pm - 10:00pm Saturdays

FREE Drop In Floor Hockey and Soccer

12-18 yrs

12-18 yrs



Join us each week for an exciting game of floor hockey or soccer - you choose! We will divide the gym in two and you pick what you want to play. All skill levels welcome, equipment can be provided. Please check website calendar for cancellations.

Exhibition Park (Ag Rec Building), Gate 2

Thursdays 3:30pm - 5:00pm

FREE Drop In Basketball



12-18 yrs

Drop in each week to shoot some hoops and have some fun, no matter what your skill level is. All youth are welcome to come out and play! Please check website for cancellations.

Abbotsford Middle School

Wednesdays 8:00pm - 10:00pm





Registered Programs adnore!

The Abbotsford Youth Commission is a proud member of BC Youth Week, an annual provincial celebration of youth in our communities. We'll be hosting a variety of events throughout the week, make sure you stay up to date by visiting our website calendar!



URoc Awards and Ice Cream Social

Tuesday, May 1 3:30pm Youth Centre at ARC



The URoc Awards recognize youth and community members who demonstrate the values of Respect, Responsibility, Integrity, Empathy, Courage and Service. Every year the AYC presents these awards at their Community Appreciation Ice Cream Social. We are seeking nominations, visit our website for details!

Wednesday, May 2



3 on 3 Basketball Tournament

Friday, May 4



Youth Appreciation

Saturday, May 5



Youth Paint Night

Monday, May 7



Youth Council / City Council Collaboration

We'll be adding more events and details about each of these events to our website soon!



REGISTER ONLINE! www.abbyyouth.com

Guys Night, Girls Night & Youth Night

12 - 16 yrs

\$45.00 for 8 sessions

(financial assistance available)

7:00pm - 8:30pm

Our Guys, Girls and Youth Nights are the perfect opportunity to participate in your favourite recreational activities plus try some new ones! Previous activities have included karate, laser tag, rock climbing, bowling and more! Locations vary around Abbotsford.

Guys Night Girls Night Youth Night

Tuesdays: April 17 - June 5 Wednesdays: April 18 - June 6 Thursdays: April 19 - June 7

Red Cross Babysitter's Training Course

11 - 15 yrs \$55.00

9:00am - 4:30pm

This Red Cross program will teach you the skills to care for infants to school aged children and help you become a responsible babysitter. Certificate provided upon completion. Three dates to choose from:

Friday, April 27 Friday, May 18 Saturday, June 9

Youth Centre @ MRC Exhibition Park, Ag Rec Bldg

Youth Centre @ ARC

Level One FoodSafe

14 - 18 yrs

\$75.00

9:00am - 5:00pm

This Level 1 course is for food service front line workers such as bus persons, servers, dishwashers and cooks. Participants are provided with a FOODSAFE certificate upon successful completion of the course. Three dates to choose from:

Thursday, April 26 Saturday, June 2 Thursday, June 28

Exhibition Park, Ag Rec Bldg

Youth Centre @ ARC

Exhibition Park, Ag Rec Bldg

Youth Paint Night and Pizza

12 - 18 yrs

\$20.00

12pm - 2pm

Follow along with an artist to create a fun painting. We'll provide the pizza and all the supplies you need. Just bring your creativity.

Saturday May 5

Youth Centre @ ARC

We acknowledge the financial assistance of the **Province of British Columbia**